

RANKING DE PORTUGAL - 2013 / 2014

a partir de 01-10-13

FEMININOS

ACTUALIZADO : 31-10-2014

Marca Mínima para entrar no Ranking

1.22.00

MEIA MARATONA

NOME	ANO	CLUBE	MARCA	LOCAL	DATA	RECORD PESSOAL		OBSERVAÇÕES	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA	ÉPOCA
						2012 / 2013	2011 / 2012		2010 / 2011	2009 / 2010	2008 / 2009	2007 / 2008	2006 / 2007	2005 / 2006		
SARA MOREIRA	85	MCP	1.10.50	PORTO	14-09-14	1.10.08	2010		1.11.03	1.10.55	1.12.24	1.10.08		1.10.38	1.13.26	
JESSICA AUGUSTO	81	IND	1.11.56	MARUGAME (JPN)	02-02-14	1.09.08	2009		1.13.51	1.09.13	1.09.10		1.09.08	1.11.38	1.11.56	
DULCE FÉLIX	82	SLB	1.12.15	BIRMINGHAM (GBR)	19-10-14	1.08.33	2011		1.10.44	1.09.50	1.08.33	1.09.01	1.09.48	1.11.42		1.18.23
CARLA SALOMÉ ROCHA	90	SCP	1.13.27	BARCELOS	06-04-14											
CLÁUDIA PEREIRA	76	JOMA	1.13.39	OVAR	06-10-13	1.13.52	2007				1.18.28	1.18.45	1.16.16	1.15.17	1.13.52	1.17.23
SARA CATARINA RIBEIRO	90	SCP	1.14.01	OVAR	06-10-13	1.16.02	2012			1.16.02						
MARISA BARROS RODRIGUES	80	IND	1.14.12	ARCOS VALDEVEZ	27-04-14	1.09.09	2010	1.10.41	1.10.26	1.09.41	1.09.09	1.10.37	1.10.53	1.12.42	1.16.21	
FILOMENA COSTA	85	ACDJS	1.14.32	BARCELOS	06-04-14	1.15.08	2010			1.15.13	1.15.38	1.15.08	1.15.11	1.19.27	1.17.49	
MÓNICA SILVA	83	MCP	1.15.25	LISBOA	16-03-14	1.14.37	2011		1.15.52	1.14.47	1.14.37	1.15.23	1.16.13	1.16.37	1.17.38	1.18.56
CLARISSE CRUZ	78	SCP	1.15.37	VIANA DO CASTELO	19-01-14				1.20.30		1.20.00			1.19.57		
SÓNIA CATARINA LIMA	90	UDV	1.15.49	OVAR	06-10-13	1.15.51	2013		1.15.51	1.17.30						
DOROTEIA PEIXOTO	83	MCP	1.16.03	VIANA DO CASTELO	19-01-14	1.14.19	2012		1.15.02	1.14.19	1.15.05	1.15.41	1.16.33	1.16.26		
ANÁLIA ROSA	76	MCP	1.16.03	MADRID (ESP)	06-04-14	1.10.30	2009		1.14.56	1.14.49	1.14.44	1.13.22	1.10.30	1.11.25	1.15.11	1.12.57
LEONOR CARNEIRO	78	MCP	1.16.26	VIANA DO CASTELO	19-01-14	1.11.36	2007			1.13.33	1.14.52	1.13.30	1.14.09	1.14.01	1.11.36	1.13.05
LUIISA OLIVEIRA	76	PARAV	1.16.37	VIANA DO CASTELO	19-01-14				1.21.37		1.19.26					
VANESSA FERNANDES	85	SLB	1.16.39	BARCELOS	06-04-14	1.12.28	2006					1.15.41		1.13.35		1.12.28
VERA NUNES	80	SLB	1.16.46	LISBOA	06-10-13	1.18.20	2013		1.18.20	1.19.09						
CÁTIA SANTOS	92	GDE	1.16.46	LISBOA	16-03-14				1.20.08							
SANDRA TEIXEIRA	78	SCP	1.17.08	LISBOA	06-10-13	1.18.35	2012		1.19.01	1.18.35						
ROSA MADUREIRA	77	FCPF	1.18.01	OVAR	06-10-13				1.19.58							
ANA DIAS	74	PVAS	1.18.28	SETÚBAL	11-05-14	1.10.28	2003			1.13.17	1.15.24	1.15.00	1.13.10	1.13.49	1.10.40	1.13.56
JOANA NUNES	85	ADERC	1.18.29	OVAR	06-10-13				1.18.54	1.21.41						
CARLA MARTINHO	76	ADERC	1.18.37	OVAR	05-10-14	1.16.35	2008		1.17.55	1.19.36	1.17.03	1.18.56	1.18.10	1.16.35	1.17.39	1.17.42
ELISABETE LOPES	75	NAT	1.18.49	MACAU	01-12-13	1.15.22	2006		1.15.24	1.19.58	1.17.07			1.16.21	1.18.07	1.15.22
ANDREIA SANTOS	87	JOMA	1.19.33	OVAR	06-10-13				1.18.28		1.18.37					
SARA PINHO	81	SLB	1.19.52	OVAR	05-10-14	1.15.50	2007		1.16.36	1.17.18		1.17.01	1.17.04	1.15.50	1.18.01	
SUSANA GODINHO	92	SLB	1.19.56	OVAR	06-10-13											
MARTA MARTINS	92	ACRSD	1.20.12	OVAR	05-10-14				1.21.38							
MARGARIDA DIONÍSIO	87	GCOO	1.20.30	VIANA DO CASTELO	19-01-14				1.20.13	1.21.28						
PATRÍCIA ISABEL SERAFIM		CPARM	1.20.41	SETÚBAL	11-05-14											
MARLENE LOPES	83	GDAC	1.21.12	OVAR	06-10-13											
VERA FERNANDES	85	RBRUN	1.21.27	LISBOA	16-03-14											

Para qualquer correcção, sugestão ou comentário a este Ranking é favor enviar para:
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